

Who can you tell if you are worried or upset about something online?

Using technology can be really fun, but if anyone does something online that makes you feel sad or uncomfortable, you need to **tell** a trusted adult so they can help.

Who are the adults at home that you can tell?

Who else can you tell?

When can you tell an adult if you're worried?

Task: Write down as many people as you can who you could tell if you had an online safety concern.

Bonus challenge: Can you think of some online safety problems and decide who would be the best person to tell from your list?

