

Creative Activity Nursery and Reception Term 5 Week 1 **Mandala**

This is an outdoor activity that could take place in your garden or as part of your daily exercise to go for a walk. **Watch the video to find out how to make a Mandala.**

1. Put on your shoes and coat and find a bag you can use to collect treasure whilst you are walking.
2. Make sure your grown up is ready and go on a walk or out into the garden.
3. Use your treasure bag to collect small sticks, stones, leaves and flowers to help you to make a Mandala.



4. Find a spot to make your Mandala on the floor, maybe next to the path so you can walk past and look at it.
5. Use your treasure collection to create a circle. Think about the pattern you may wish to create. Where will you place your sticks? How will you use your flowers?
6. Remember to wash your hands when you have finished to stay clean and safe.
7. Post photographs of your Mandalas to your teacher on your school online learning platform – Tapestry, Class Dojo or Seesaw.



What will your
Mandala look like?

You can also print
mandala designs to
colour at home.

