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Principal : Elaine Murphy

To 5HM,

Firstly, hello! I hope you are all okay and had a restful and enjoyable Easter. It was great to see you all being so creative with your time and showing off lots of new skills you have learnt while at home. I know lots of you are keeping busy and making the most of your time - keep up the amazing work!

As we return back to our home learning, it is really important that you try to maintain a balanced routine. This helps keep us motivated, positive and healthy. I have been waking up early (around 7:30), getting ready and starting my work as I normally would at school. I have regular breaks to keep my brain switched on, this has helped keep me feeling refreshed, motivated and ready for the day. You could follow a similar routine!

Every day I make sure I go out for my daily exercise - this is something I look forward to throughout the day. I try out different routes so every day I see something different! I have also been playing scrabble using an app on my phone where I can challenge my friends and family. It has become quite competitive!

I know that staying at home and not being able to see friends and other family members can be challenging sometimes. It is okay to feel upset, sad or a little bit down about this. Sometimes when I am feeling this way, I listen to music or read a book. Hearing my favourite songs really cheers me up and helps me relax. Alternatively, I speak to my family about how I am feeling on a video call - this helps too!

Remember I am still here for you all. If you need a chat, want to say hi or send me some work you can email me on Purple Mash or contact me on Twitter. I love hearing from you all and hearing about what you have been up to.

Please keep up your fantastic work. Your positive attitude towards this time we are living in has made me so proud to be your teacher. I miss you all lots and I can't wait to see your bright, smiling faces again soon. Keep smiling Year 5, you are all super stars.

Thank you,

Miss Matthews