



Young Carers' Policy

Status and review cycle: Legally Required Bi-Annual review required

Reviewed: LBG

Ratified by governors on: Jan 2016

Next review date: Jan 2018



At The Croft Primary School we are committed to supporting Young Carers to access education. This policy aims to ensure Young Carers at our school are identified and offered appropriate support to access the education to which they are entitled.

Definition:

A Young Carer is a child or young person who is helping to look after someone at home. Most are caring for a parent, commonly in a single parent family, but some may be taking responsibility for a sibling, grandparent or other relative. In some instances a Young Carer may care for more than one family member.

The person they look after will have one or more of:

- Physical disability
- Learning disability
- Mental health problems
- Chronic illness
- Substance misuse problems

Caring tasks:

A Young Carer will take on additional responsibilities to those appropriate to their age and development. A Young Carer might be providing the main care or share responsibilities with another family member. The caring tasks that a Young Carer has to deal with can range from:

Nursing care – giving medication, injections, changing dressings, assisting with mobility etc..

Personal intimate care – washing, dressing, feeding and helping with toilet requirements

Emotional care – being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up

Domestic care – doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc..

Financial care – running the household, bill paying, benefit collection etc..

Child care – taking responsibilities for younger siblings

Possible impact on learning:

At Croft, we acknowledge that there are likely to be Young Carers among our pupils, and that being a Young Carer can have an adverse effect on a young person's education because of their responsibilities at home, a Young Carer might experience:

- Being late or absent due to responsibilities at home
- Concentration problems, anxiety or worry in school
- Emotional distress
- Tiredness in school
- Lack of time for homework
- Poor attainment
- Physical problems such as back pain from lifting
- False signs of maturity, because of assuming adult roles
- Behavioural problems (taking out their anger or frustration)
- Lack of time for extra-curricular activities
- Isolation, embarrassed to take friends home



- Limited social skills
- Bullying
- Feeling that no one understands and that no support is available
- Low self esteem

It also might be difficult to engage their parents (due to fears about child being taken in to care, fears about their condition being misunderstood or their parenting skills being called in to question). They may be unable to attend parents' evenings.

Support offered:

At The Croft, we acknowledge that Young Carers may need extra support to ensure they have equal access to education. Through this policy, we are giving the message that education is important to Young Carers and we can give support where needed.

The designated link teacher for our Young Carers is Mrs Baker (Karen Baker) , who will liaise with relevant colleagues and other relevant agencies with the consent of the Young Carer and their family. In addition to this, Miss Franczak (Rebecca Franczak) will be the deputy link teacher. All pupils in school are made aware of whom the link teacher and deputy link teacher are and that they can talk to them for support and advice at any time.

At Croft, we will provide Young Carers with:

- Opportunities to talk to someone in private and not to discuss their situation in front of their peers
- Understanding that sometimes a Young Carer may not want to discuss their situation until the time is right for them
- Respect and sensitivity to their role and their family
- Confidentiality at all times
- Support and access to other services as appropriate and necessary
- Acknowledgement of child protection procedures with regard to any Young Carer being at significant risk of harm as a result of their caring duties
- Opportunities to meet as a group with fellow Young Carers to discuss how they feel and understand that they are not alone
- Opportunities for discussion and learning in all areas of the curriculum to facilitate fuller understanding, acceptance of and respect for, the issues surrounding illness, disability and caring

At Croft, we recognise that flexibility may be needed when responding to the needs of Young Carers. Available provision includes (but is not limited to):

- Negotiable deadlines for homework (when needed)
- Access to homework clubs.
- Access for parents with impaired mobility
- Alternative communication options for parents who are sensory impaired or housebound
- Advice to parents if there are difficulties in transporting a Young Carer to school

Policy to be used in conjunction with our Young Carers Charter and will be reviewed in January 2016.



Karen Baker
02.01.2016