

The Croft Primary School



Anti-Bullying advice for parents

The Croft Primary School has a rigorous anti bullying policy. This leaflet is a guide for parents and carers.

What is bullying?

Bullying is deliberately hurtful behaviour that is **repeated over a period of time**, making it difficult for the person concerned to defend themselves. This can take the form of name calling, violence, making gestures, misusing technology to hurt or humiliate another person, threatened violence, isolation, ridicule or indirect action such as spreading unpleasant stories about someone.

The school ensures children are aware of the difference between bullying and 'falling out'. It is important that children know the difference and do not use the term lightly. Our aim is to ensure that when a child is concerned or worried that they are being bullied, they know what to do about it.

What do we do in school?

- Class discussions during circle time or PSHE/Jigsaw lessons.
- Assemblies
- Anti-bullying posters around the school
- Working with parents when there are concerns
- Meet with play leaders so they are aware of what bullying may look like during playtimes.
- All adults are aware of the anti-bullying policy and are vigilant during less structured times.

What can you do if you think your child is being bullied?

- Assure them that it is not their fault! No-one deserves to be bullied.
- Listen to your child, giving them your full attention, and let them know how much you care for them.
- Speak to the class teacher (all allegations of bullying are taken seriously and will be dealt with immediately).
- Tell your child not to react as they could get into trouble too.

What should you do if your child is displaying bullying type behaviour?

- Listen to what others are telling you about your child's behaviour.
- Calmly ask your child's opinions and feelings about the situation and share the anti-bullying message with them.
- Continue to show your child that you care about them. It is their behaviour that needs to change.
- Talk to your child about why they feel the need to bully another child. There are usually underlying issues.
- Help your child to take responsibility to put things right. It takes courage to apologise, so show you are proud of them for it. Discuss any issues with the class teacher who will work in partnership with you to solve any conflict.

We ask you to support your children and the school by:

- Watching for signs of distress or unusual behaviour in your child, which might be evidence of bullying.
- Advising your child to report any bullying to their teacher.
- Inform the school of any suspected bullying, even if your child is not involved.